

# Lauren Tolfa

## Video Editor

### Contact

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Seattle, WA

### Reel & Portfolio

[www.laurentolfa.com](http://www.laurentolfa.com)

### Achievements

#### ***Sean & The Ramblings of a Sculpture Artist***

short documentary

Co-Director/Producer/Editor

Official selection:

Aspen Shortsfest 2023

Newport Beach Film Festival  
2022

#### ***When Colorado Went Major League***

Editor · feature documentary

Regional Emmy nomination  
2024

### Expertise

Adobe Creative Suite

Davinci Resolve

Avid Media Composer

Microsoft Office · Frame.io

Audio mixing

### Experience

**Milkhaus** · Denver, CO (*Remote from Seattle*)

Video Editor & Motion Graphics Designer

*2/22 – 2/25*

- Edited short and long form documentaries and branded videos
- Collaborated with teams on complex timelines across simultaneous projects
- Created proxies and multicams to increase editing efficiency

Comcast (ongoing) - branded, promotional and corporate videos

- Crafted compelling narratives out of multiple interviews based on the clients vision for the piece and its intended audience
- Edited and mastered various deliverables including 1-5 minute features, 15-30 second cutdowns, and 1x1s for social media use
- Completed all finishing elements including mixing audio, creating lower thirds and adding subtitles

High Science - Reality TV Series

*Released Nov 2024*

- Edited scenes using multiple camera angles, b-roll and music to craft an entertaining and informative story
- Ingested, organized and prepped a large amount of media into a Premiere Production to allow for a more collaborative workflow

You Are What You Eat - A Twin Experiment

*Netflix docu-series, released Jan 2024*

- Assisted with motion graphics on text overlays, lower thirds, photo moves and website animation
- Rendered final deliverables ensuring alpha channels were output correctly

**Blue Bridge Editing** · Denver, CO

Freelance Video Editor

*5/20 – 2/22*

This Month on AXS TV - promotional video series

- Edited 5-minute promotional videos showcasing highlights of the networks' monthly programming
- Creatively combined elements from over a dozen programs to captivate and intrigue viewers
- Exported video in the appropriate codec for broadcast

Denver Comic Con

- Quickly edited highlight reels on-site of guest speakers

**Sender Films** · Boulder, CO

Post Production Intern

*12/19 – 4/20*

- Edited sizzles for various projects to be used on social media
- Worked in Photoshop to create marketing elements for their upcoming *Reel Rock* tour

## Education

### Certificate in Post-Production

Colorado Film School  
Denver, CO  
· December 2019

### Bachelor of Arts, Business Major and Music Minor

University of Puget Sound  
Tacoma, WA · May 2013  
Classical and Spanish guitar

## Other Experience

7 years administrative  
2 years marketing  
Customer service  
Microsoft Office Suite  
Google Workspace

### The Alpinist - feature documentary

Netflix Release Dec 2021

- Assisted with voiceover recording and incorporated updated narration into the edit
- Researched for archival assets used throughout the film

### AXS TV · Denver, CO

Video Editing Intern

6/18 – 9/18

- Gathered and organized media from the online database for use in video editing
- Assisted other editors in creating promotional videos to be aired on national television

### Open Media Foundation · Denver, CO

Video Production & Editing Intern

1/18 – 5/18

- Selected and sorted a and b-roll footage for promotional videos
- Captured b-roll footage at various events and mixed audio during client interviews

### Colorado Film School · Denver, CO

Student

1/17 – 12/19

### Poppy – Editor/Production Sound Mixer - narrative short

- Nominated for several awards at the Colorado Film School student show including Best Picture

### Amateurism – Editor - documentary short

### The Big Squeeze – Editor - narrative short

### Colorado Craft – Director/Producer/Editor - documentary short